

Newsflash

Issue 2017.05

According to ProCare Rx's analytics team, the drug inflation rates year-to-date are as follows:

ALL DRUGS 0.57%
BRANDS 0.05%
GENERICS -0.01%
SPECIALTY 0.48%

Generic Releases

The following brand drugs have lost their patents:

Drug	Condition	Date
Tazorac Cream 0.1	Acne	Apr 3
Dexilant	GERD	Apr 19
Rayos	Anti-Inflammatory	Apr 25
Vytorin	Cholesterol	Apr 26
Sabril	Anticonvulsant	Apr 27

While we have done extensive research on these dates, there is a possibility that any given date may change based on legal issues or patent challenges. If we become aware of any changes, we will update this chart in the next issue.

Formulary Changes

For a complete list of formulary changes, please visit our website at <http://www.procarerx.com>

Drug	Condition	New Tier
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Previous issues of Newsflash can be viewed under "Publications" at: www.ProCareRx.com



Get Your Home Ready for Summer

You've been ready for summer since January, but what about your house? School will be wrapping up in the next few weeks. Family vacations will begin...which means guests in your home. And we'll all be migrating outside for alfresco dining and poolside fun! Here are some reminders to help get your home prepped and ready for the summer season – inside and out.

Add Fresh Air. Let fresh air fill your home by opening your windows, and place a houseplant next to your bathroom sink to help filter the air. Some of the best air-cleaning houseplants are snake plants, spider plants, English ivy, and small-leafed rubber plants.

Keep Refrigerators Running. A summer without cold drinks on hand is no summer at all. Take care now to clean your refrigerator's condensing coils to keep it running smoothly all summer long. Unplug the fridge, and remove the base plate or top grate. (Check your owner's manual to locate coils.) Use a vacuum cleaner with the nozzle attachment to remove any dirt and lint.

Let Summer Inside: Enjoy warm summer evening breezes through your screen doors. Clean screening and repair or replace, if needed. Tighten and lubricate door hinges and closers, especially on wooden doors that can become warped with changing temperatures, humidity, and wet weather. The same goes for window screens.

Freshen Up Guestrooms. Many people will be entertaining out-of-town friends this summer, and if your guestrooms haven't been touched since Christmas, you may want to spruce them up a bit. Open windows and closet doors for a few hours to air out the room. Fluff pillows and duvets by placing them in the dryer with a fabric softener sheet on air dry (no heat).

Lighter Linens. Swap warm flannel sheets and heavy duvet covers for lighter linens with a high thread-count. Choose solid, light colors to give the whole room a breezy feel. A simple, thin coverlet should be enough to keep you warm during the summer months.

Fan-tastic Idea. You may not be able to get through the month of May without running your air conditioner – let alone June, July, and August – but don't discount the value of a ceiling fan. Set fan blades to mix with the lower, cooler air, leveling out the room temperature.

SPF for Windows. There's no point in turning on the AC if the sun coming through a window bakes your living room. Install reflective film, sunscreen-fabric curtains, or roller shades. If you're investing in new windows, choose panes with a low solar heat gain coefficient (SHGC).

Good-to-Go Garages. You've got your bathing suit and sunglasses on, sunscreen is applied and your beach towel is fluffed up and ready to go. All you need now is your beach chair from the garage. Don't ruin a perfectly good beach day spending hours scouring your cluttered garage. Take the time to clean and organize!

Be Grill Prepared. Whether you're grilling up brisket in Birmingham or mahi mahi in Miami, summertime is barbecue time. Be sure to have all of your BBQ essentials on hand before Memorial Day. If you're using a charcoal grill, don't drench the coals in lighter fluid...you'll just end up with food that tastes like, well, lighter fluid. Instead invest in an inexpensive chimney starter to quickly and safely light the coals.

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The following **New Drugs** were recently approved by the U.S. Food & Drug Administration and added to ProCare Rx's National formulary. Each drug will be reviewed at the next ProCare Rx's P&T Committee meeting.

Brand Name	Dose Form	FDA Approved Indication
Alunbrig (brigatinib)	Tablet	Treatment for non-small cell lung cancer
Austedo (deutetrabenazine)	Tablet	Treatment for Huntington Disease
Bavencio (avelumab)	Injection	Treatment for merkel cell carcinoma
Brineura (cerliponase alfa)	Injection	Treatment for CLN2 disease
Dupixent (dupilumab)	Injection	Treatment atopic dermatitis
Emflaza (deflazacort)	Tablet and Oral Suspension	Treatment for duchenne muscular dystrophy
Ingrezza (valbenazine)	Capsules	Treatment for tardive dyskinesia
Imfinzi (durvalumab)	Capsules	Treatment for urothelial carcinoma
Kisqali (ribociclib)	Tablet	Treatment for breast cancer
Noctiva (desmopressin acetate)	Nasal Spray	Treatment for nocturia
Ocrevus (ocrelizumab)	Injection	Treatment for multiple sclerosis
Parsabiv (etelcalcetide)	Injection	Treatment for secondary hyperparathyroidism
Qtern (dapagliflozin and saxagliptin)	Tablet	Treatment for diabetes type 2
Renflexis (infliximab-abda)	Injection	Treatment for Crohn's Disease
RoxyBond (oxycodone hydrochloride)	Tablet	Treatment for pain
Rydapt (midostaurin)	Capsules	Treatment for acute myeloid leukemia
Siliq (brodalumab)	Capsules	Treatment for plaque psoriasis
Symproic (naldemedine)	Tablet	Treatment for opioid-induced constipation
Tymlos (abaloparatide)	Injection	Treatment for osteoporosis
Xadago (safinamide)	Tablet	Treatment for Parkinson's Disease
Xatmep (methotrexate)	Oral Solution	Treatment for Acute Lymphoblastic Leukemia, Juvenile Idiopathic Arthritis
Xermelo (telotristat ethyl)	Tablet	Treatment for carcinoid syndrome diarrhea
Zejula (niraparib)	Capsules	Treatment for ovarian cancer, fallopian tube cancer, and peritoneal cancer

Get Your Home Ready for Summer

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Irrigation Issues. Make sure your sprinkler system is good to go for the summer, as you'll need it to keep the lawn green, the flowers blooming, and the Slip 'n Slide slippery. Check around outside for swampy areas, erosion, or drying plants – you could be losing water and not even know it.

Proper Pool pH. As much fun as having a pool is, maintaining one is no picnic. However, if you want to enjoy your backyard swimming hole all summer long, it is essential to monitor pH and chlorine levels. Failure to do so can result in bacteria growth, faded bathing suits and irritated eyes.

Bugged Out. We all have remedies for keeping mosquitoes at bay; bug spray and citronella candles are two popular methods. However, it's also a good idea to clear under brush around trees and shrubs and avoid planting thick vegetation.

Palatable Produce. If you want to save money, eat healthy, and help the planet all at once, start growing your own vegetables. Tomatoes, basil and lettuce are all crops that thrive in warmer weather.

Fabulous Outdoor Fabric. Rinse off your patio furniture and top lounge chairs and porch swings with colorful, stylish and durable outdoor fabrics. Outdoor upholstery complements your yard, creating inviting spaces to sit and relax. You can also use outdoor fabrics to create romantic curtains around a patio or other outdoor space.

Green Lawn Know-how. We'll admit it – the one thing winter has over summer is it allows you to put away the lawn mower for a few months. But now that your dried out brown grass has turned green, it's time to take care of that baby by fertilizing on a regular basis.

Everything Is Illuminated. Don't let the setting sun determine the end of your time outside. Outdoor lighting can brighten up your home, turn a patio into an outdoor room, or set a romantic mood.

Get All Decked Out. Reinvent your deck by finding a great table and set of chairs for dining alfresco. Make your outdoor meals even more special by using real plates and silverware, and decorating with candles.

Once you're prepped and ready for the summer...take the time to enjoy the fruits of your labor.

Have a great summer!

